



INITIATIVE POUR LA PROMOTION DE
LA SANTE RURALE ET LE DEVELOPPEMENT

ANNUAL REPORT 2018



Executive summary

During the year of 2018, IPROSARUDE has carried out projects in collaboration with various partners. With a budget of 1,408,989,295 BIF (USD 787,584), IPROSARUDE focused on clinical and community projects.

The planned activities were realized and these include:

- The establishment of a center for information, training and research for young people in Gitega (**CEFIR**),
- The implementation of the JOINT PROGRAM and mass sensitization,
- The offer of services in different clinics and different health centers specialized in sexual and reproductive health services. **175143 services were offered**,
- The participation in celebration of different national days (Mother-child health Day, World Health Day,...),
- The distribution of health insurance cards to vulnerable people,
- Cervical cancer screening campaigns with **653 screened women**, 2.1% of whom had precancerous lesions,
- Sensitization sessions on different thematics where **120376 people were sensitized**,
- The creation and supervision of **235 VSLAs** in the provinces of Mwaro and Gitega,
- The participation in the regional research workshop

We thank all the partners who contributed directly or indirectly to the realization of these activities, in particular the **Government of Burundi**, **Care International Burundi** and **Segal Family Foundation**.

Creation

The Initiative for the Promotion of Rural Health and Development (IPROSARUDE) is a non-profit organization created in 2010 and accredited by the Minister's order No. 530/772 of May 29th, 2013.

Vision

A BURUNDI where everyone has access to health care.

Mission

Save human lives and improve health in rural areas in general and among vulnerable people in particular, especially through access to good quality health care.

Core values of IPROSARUDE

- Integrity
- Excellency
- Vitality
- Collaboration
- Empowerment
- Involvement of the community

Strategic interventions

IPROSARUDE intervenes in 4 axes:

Axis 1: Improve community health

Axis 2: Access to good quality care

Axis 3: Support sustainable development

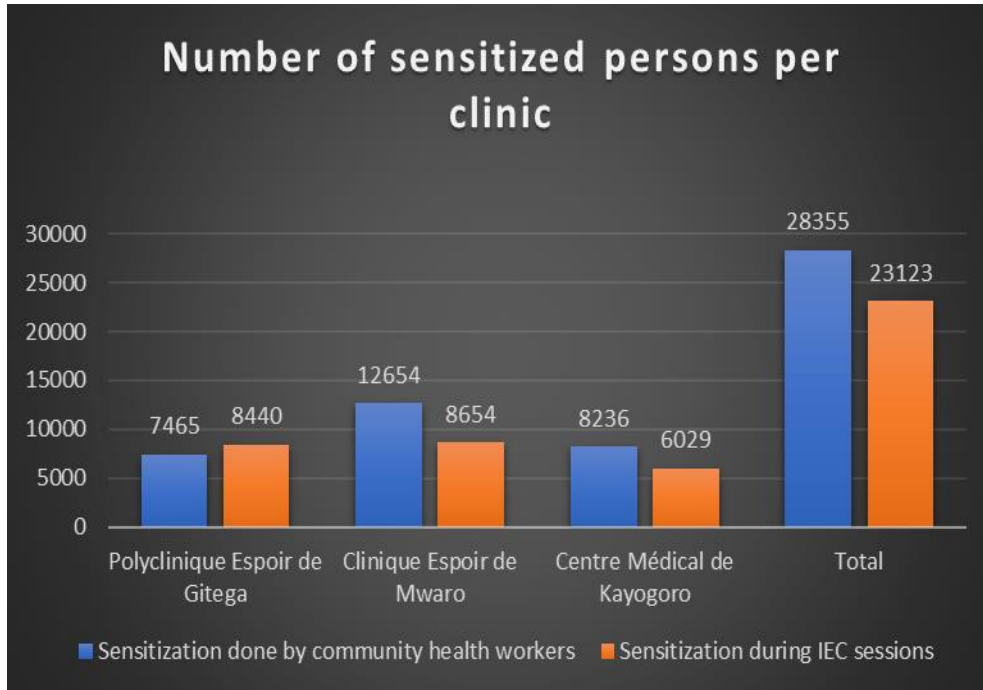
Axis 4: Good governance and knowledge management

Axe 1 : Improve community health

I. Sensibilisation

1. Sensitization

Every clinic organizes sensitization activities in order to sensitize the community on different topics.

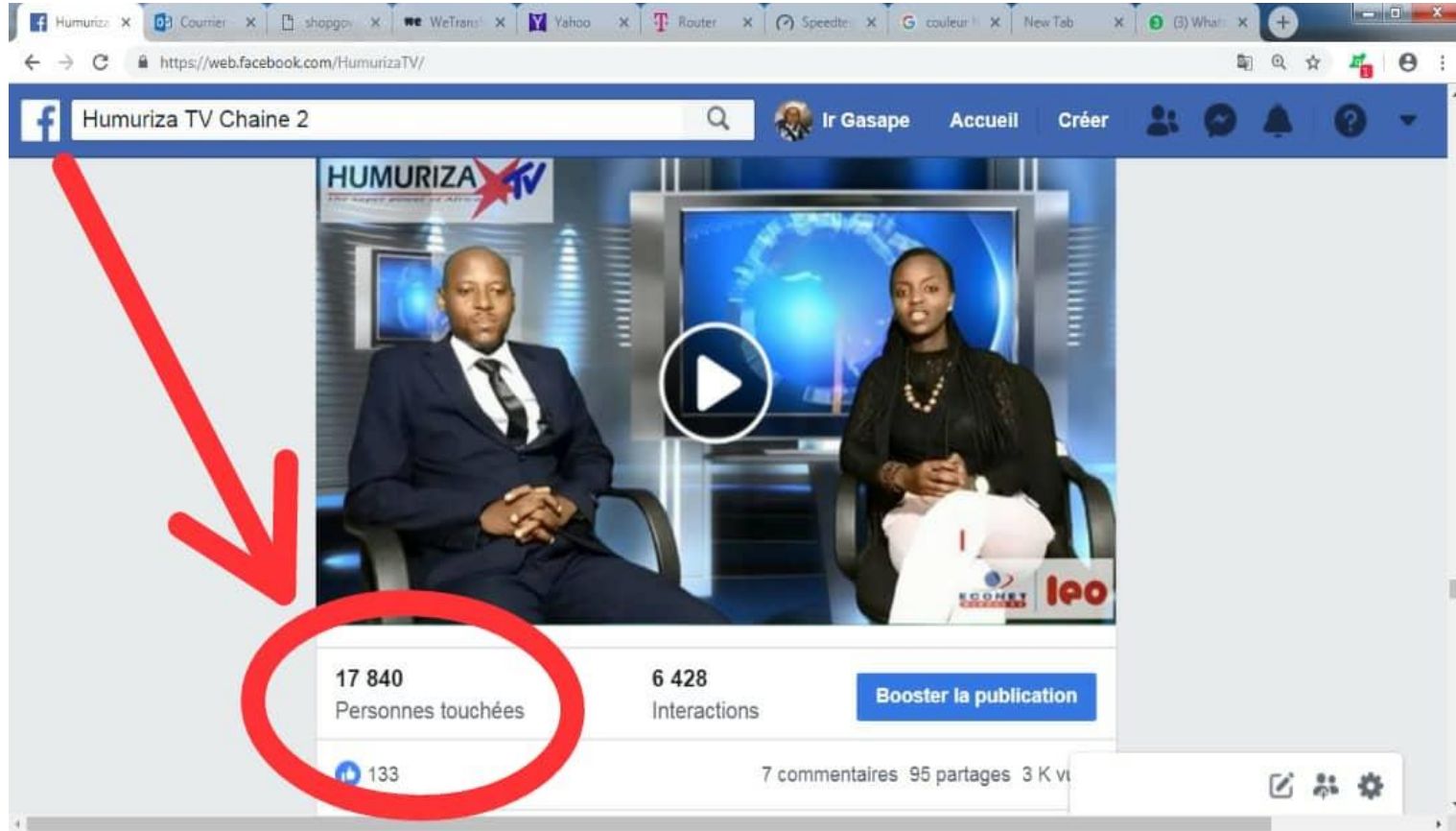


Sensitization activities took place in each clinic and its surroundings. In total, more than **50,000 people** were sensitized during the year of 2018. There were 2 types of sensitization: sensitization by community health workers taking place in the community, and sensitization at the clinic during IEC sessions.



Based on this graph, a total of **711 sensitization sessions** were held. On average, 237 sessions were organized by each clinic and an average of 20 sessions per month in each clinic.

2. Sensitization on media



IPOSARUDE has a partnership with HUMURIZA TV of Gitega. His programs are broadcast twice a week on radio and once a month on television. In August 2018, there was a program on Cervical Cancer. More than 17,500 people watched the video on the Facebook account of the channel.

3. Distribution of Health Insurance Cards



In december 2018, IPROSARUDE distributed health insurance cards. A total of 750 cards were distributed including 250 cards in Gitega (Gitega Commune) and 500 cards in Kayanza (Gatara and Kayanza Communes). These cards were distributed to vulnerable people including 28 Batwa households in Gitega commune.

II. Activities of the Joint Program

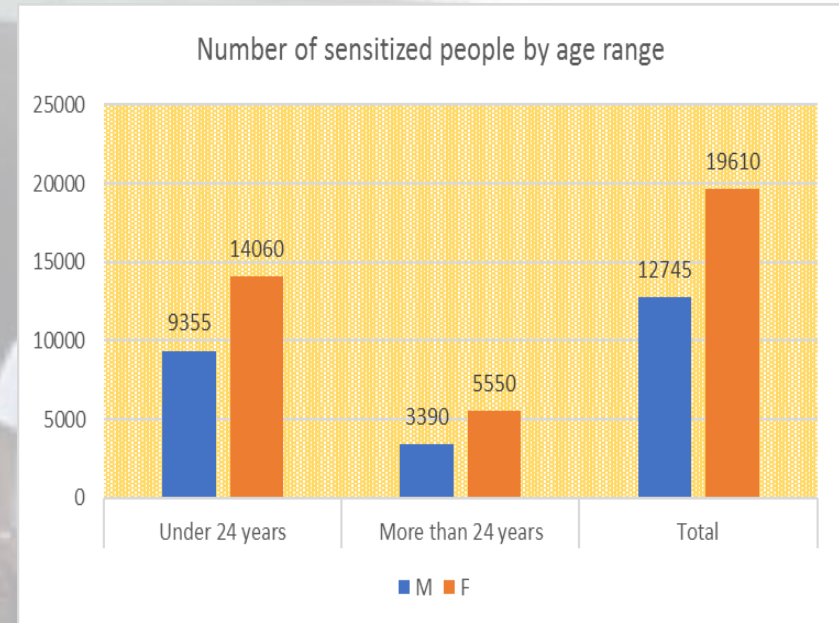
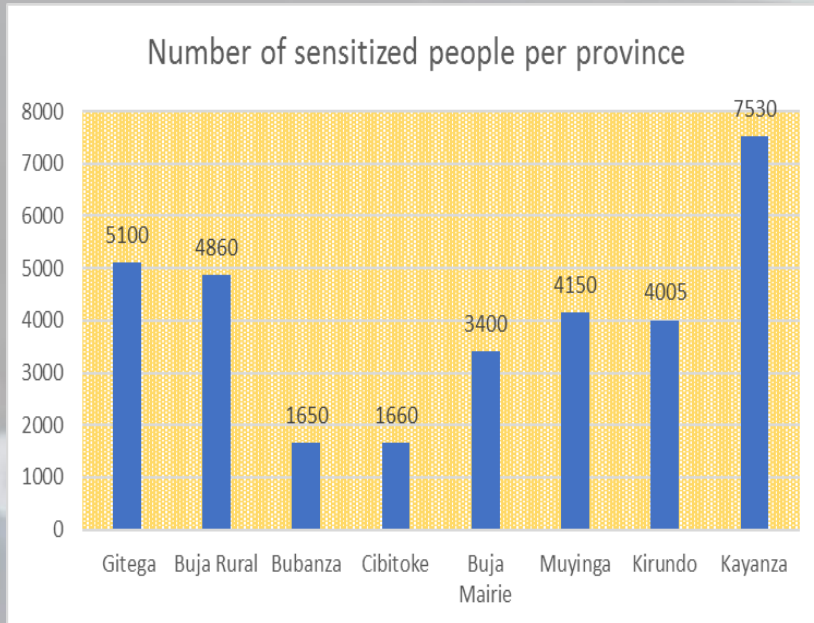
The consortium CARE International in Burundi, UNFPA, CORDAID and RUTGERS are improving adolescents and youth SRH. In direct partnership with CARE International-Burundi, IPROSARUDE is implementing the Joint Program Project in 3 Provinces namely Gitega, Bubanza and Cibitoke with a vision: **Adolescents and youth in Burundi are empowered and enjoy good sexual and reproductive health.**

Health centers of 2018			
PROVINCE	COMMUNE	CDSAJ	DISTRICT SANITAIRE
GITEGA	GIHETA	GIHETA	GITEGA
		MUREMERA	
	BURAZA	BURAZA	KIBUYE
		MAHONDA	
	MAKEBUKO	MAKEBUKO	KIBUYE
		BUNGERE	
BUBANZA	BUBANZA	CONA	BUBANZA
		BUVYUKO	
CIBITOKÉ	RUGOMBO	RUGOMBO	CIBITOKÉ
		RUKANA	
	MURWI	MANEGE	
		BUHAYIRA	

Activities carried out in "Joint Program" Project:

- **180 care providers** trained to provide youth-friendly services in health centers identified as 'CDS Friends of Youth'. The services provided to adolescents and young people are most often offered in the afternoon.
- **12 socio-community networks** set up in our area of intervention.
- **6 communication sessions** between parents and children were organized
- **Mass sensitization**: a total of 27 communes were sensitized on the prevention of gender-based violence, early and clandestine marriages, unwanted pregnancies and parent-child communication. **32,355 people were sensitized in 8 provinces (Bubanza, Bujumbura Mairie, Bujumbura Rural, Cibitoke, Gitega, Kayanza, Kirundo, Muyinga).**

III. Mass sensitization



During the mass sensitization, 4 communes per province were sensitized in the provinces of Gitega, Buja Rural, Buja Mairie, Muyinga, Kirundo and Kayanza. In Kayanza, the total of sensitized people is higher than in other provinces because on the day of the sensitization, the Ministry of Health had organized another activity in the same stadium. In the provinces of Bubanza and Cibitoke, the sensitization occurred in 2 communes by province.

According to this chart, we find that under 24 years people participated more in the sensitization sessions compared to their elders. In each age group, the number of girls or women sensitized exceeds the number of boys or men, with a total of 12745 men against 19610 women.

Axis 2: Access to health services

1. Total of offered services

In the year 2018, 3 health facilities offered health services to patients. The 3 structures are:

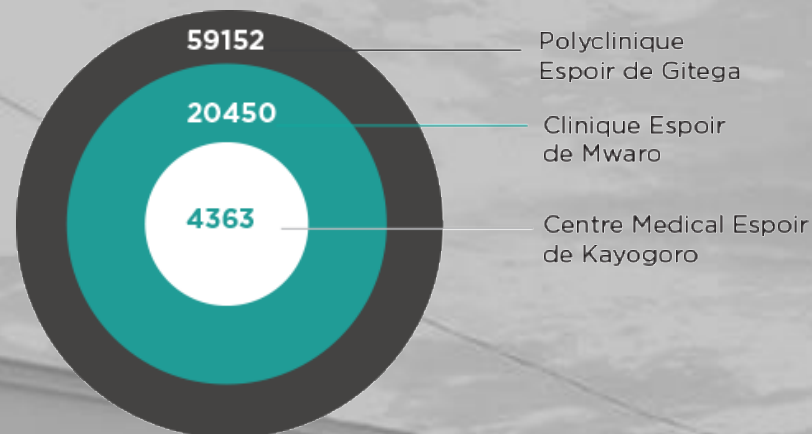
- **Polyclinique Espoir de Gitega (Polyclinic Hope of Gitega): PEGI**
- **Clinique Espoir de Mwaro (Mwaro Hope Clinic): CEMWA**
- **Centre Médical de Kayogoro (Kayogoro Medical Center): CMEK**

In total, 83965 services were offered to patients attending health care facilities. PEGI has offered more than 70% of these services, with 59152 services offered during the year of 2018.

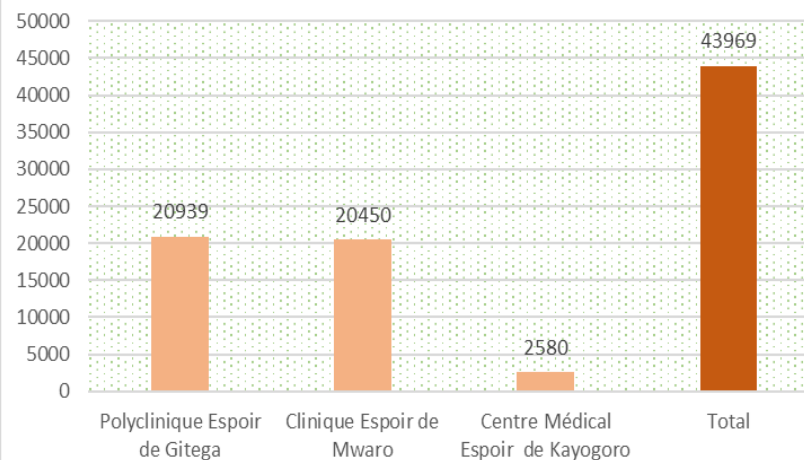
2. Offered specialized care

a) Ophthalmology

All the 3 health care structures offer ophthalmic care. A total of **43,969 services** were offered. PEGI and CEMWA are the most frequented, with an average of more than 20,000 services offered per year at PEGI and CEMWA.



Number of offered services in Ophthalmology

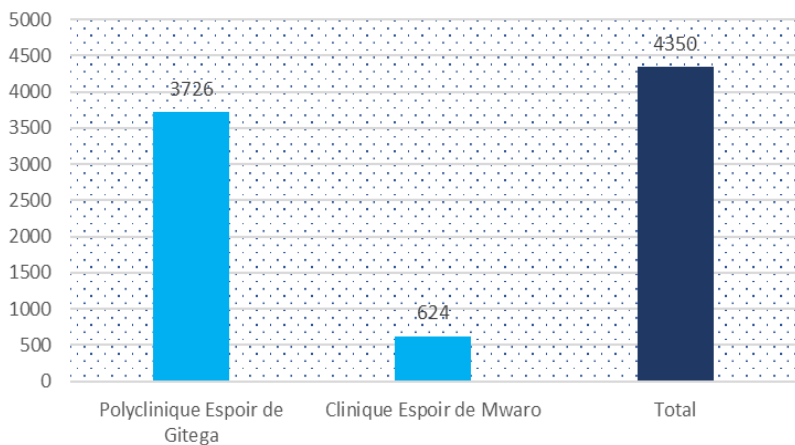


b) Dentistry



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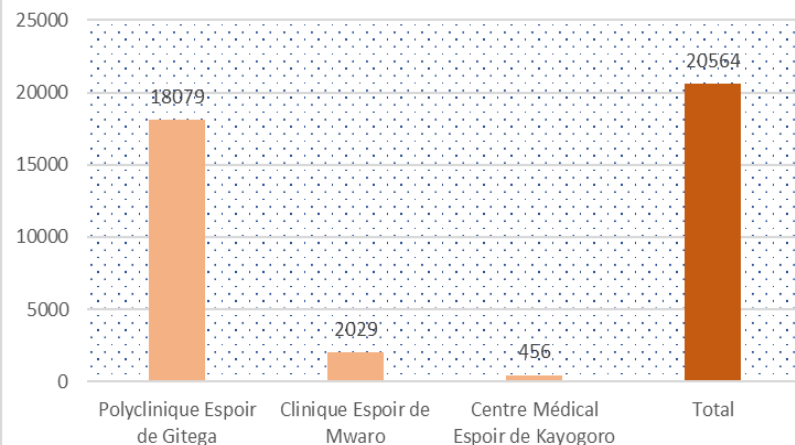
Number of offered services in Dentistry



The Polyclinic Hope of Gitega (PEGI) and Mwaro Hope Clinic (CEMWA) are the 2 clinics offering services in dentistry. A total of 4350 services were offered including 3726 services offered by PEGI, that to say, 85.7% of the total.

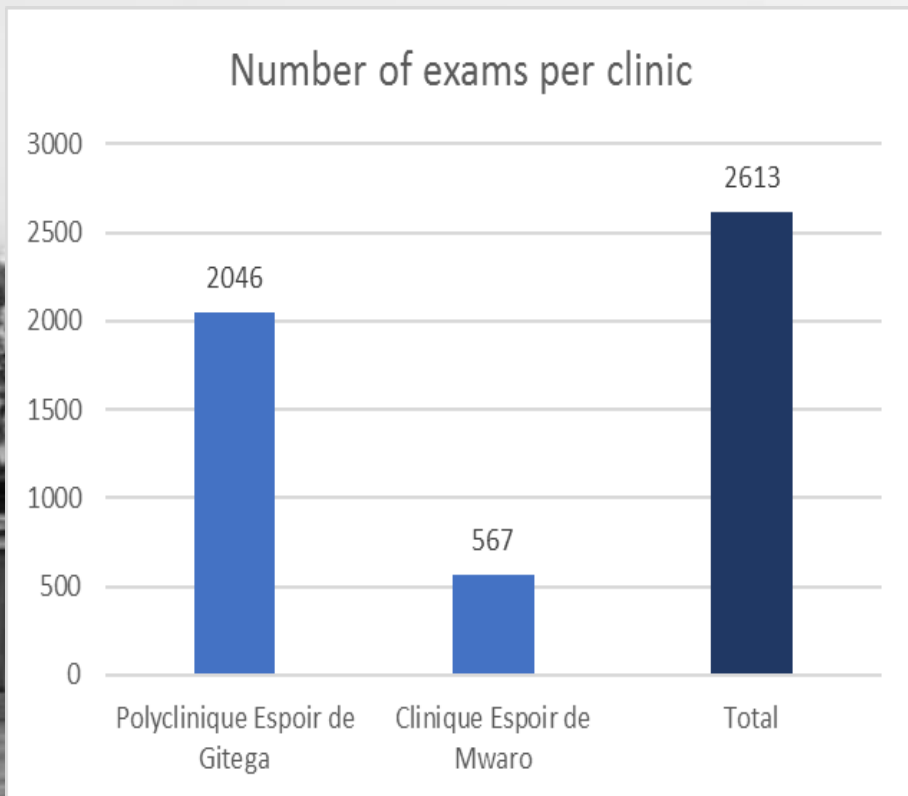
c) Laboratory

Laboratory exams



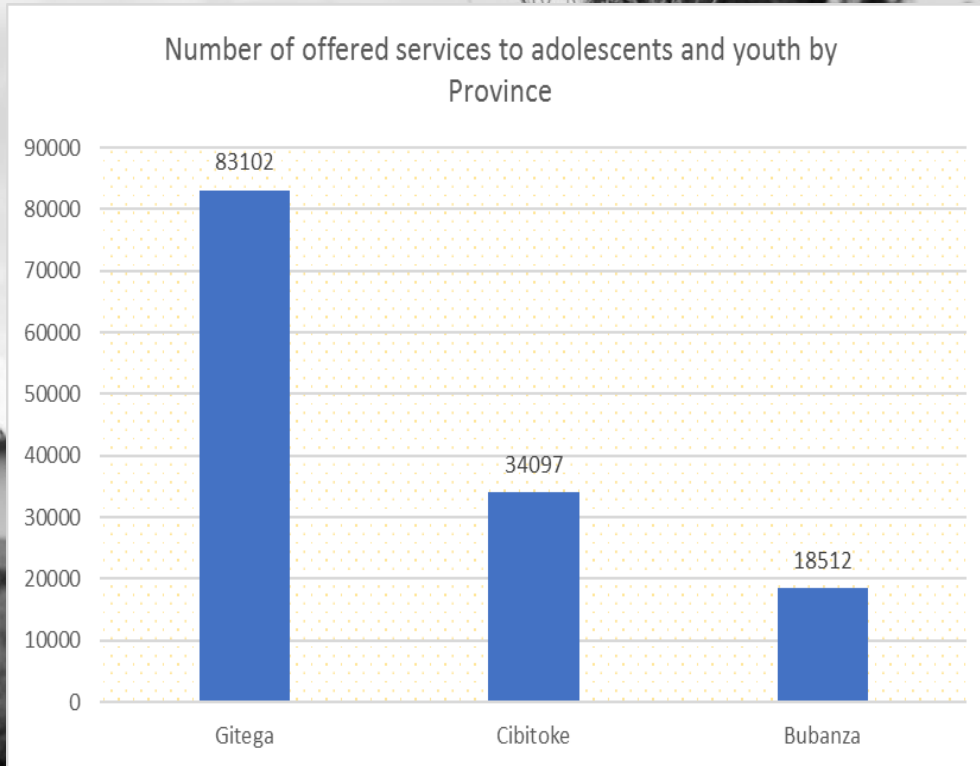
During the year 2018, 20564 laboratory tests were done within the 3 health care structures. 18079 tests were conducted at PEGI, that to say 87.9% of the total.

d) Echography



A total of 2613 ultrasound examinations were done in the 2 health care structures, PEGI and CEMWA. The majority of these were conducted at PEGI with 78.3% of the total.

e) *Services to adolescents and youth
Joint Program*



During the year of 2018, various services were offered to young people aged 10 to 24 years. In the province of Gitega, 83102 services were offered to young people in 16 health centers . In Cibitoke, 8 health centers welcome young people whereas in Bubanza 6 health centers offer friendly services to young people.

Axis 3: Support for the promotion of sustainable development

The SSR-AMAGARA MEZA Project is implemented in Mwaro Province in order to promote sexual and reproductive health among adolescents and girls and women of childbearing age. IPROSARUDE with the members of the community was able to:

- Create 235VSLA
- Train 42 supervisors on the VSLA methodology
- Provide 180 wooden boxes and 540 (180 * 3) locks given to VSLAs
- Organize an exchange of experience and learning between the VSLAs of Kayokwe and Mugongomanga communes.

Regarding the portfolio of VSLAs together, it gives the following situation:

	Amount in BIF	Monthly average by VSLA	Amount in BIF
Total savings	291 611 888		52 637,50
Total credit	247 709 908		44 712,90
Total cash	43137790		7 786,60
Solidarity Fund	13 076 670		2 360,40



Participation of IPROSARUDE staff at the International Day Against Poliomyelitis organized by Rotary

*Axis 4:
Strengthening governance and knowledge management of IPROSARUDE*

Project 1: Increase the visibility of IPROSARUDE

For this project, the main objective was to strengthen the visibility of IPROSARUDE. The specific objectives which were achieved:

- Enhance the image of IPROSARUDE by the exploitation of its Website. In all, 26 documents were posted in 2018 on the IPROSARUDE website. In all, at least 1000 persons were listed*
- Increase the visibility of IPROSARUDE through participation in national and international activities: 100% of staff participated in Labor Day on May 1st 2018.*
- Prioritize clients' rights to information through media activities and social / community mobilization on rural health: 60 radio and TV programs were produced and broadcast in 2018*



Project 2: Strengthen the financial capabilities of IPROSARUDE over strategic partnership with local and international organizations.

For this project, the main objective was to increase the material, human and financial resources of IPROSARUDE. Different activities were carried out among which we can mention:

- Organization of visits to Associations that are partners: 8 visits were organized in 2018.*
- Development of resource mobilization tools (improved tools): 3 improved resource mobilization tools were developed*
- Development of projects to be submitted to partners for funding: 16 projects were submitted to different donors.*

Project 3: Capacity building

For this specific project, the main objective was to build the capacity of IPROSARUDE staff. Different activities were carried out:

- *Training on data reporting: 4 persons were trained on data reporting*
- *Training on cervical cancer screening: In total, 16 persons were trained cervical cancer screening*
- *Training on the theory of change: 12 persons were trained on the theory of change*

Project 4: Good governance

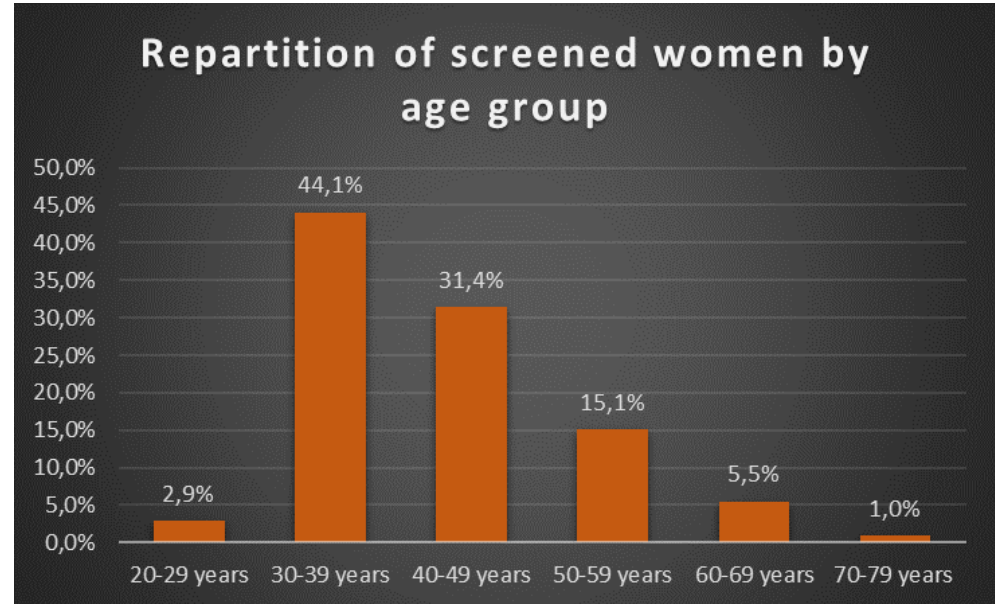
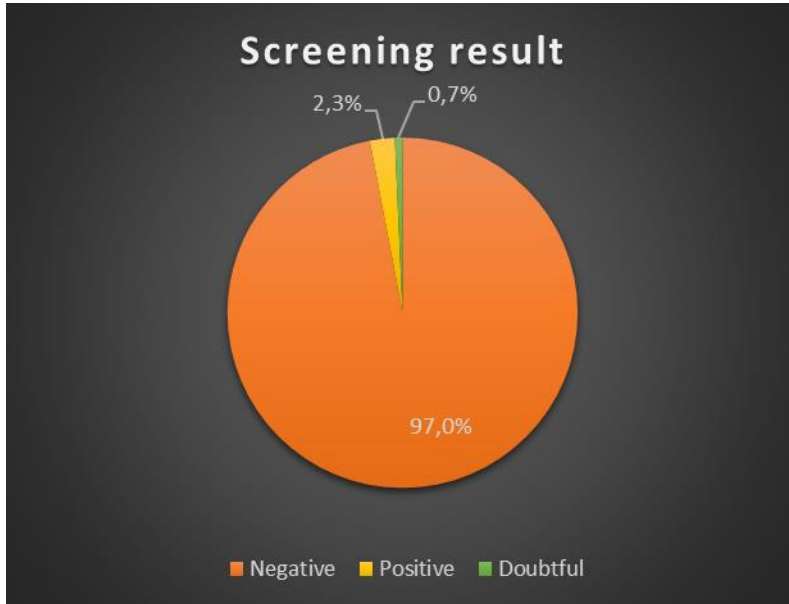
For this project, activities were carried out and we can mention:

- *Set the performance objectives for the staff: Job descriptions are available*
- *Hold regular statutory meetings: 6 executive committee meetings, 8 meetings of the IPROSARUDE Board and 9 staff meetings were hold.*
- *Organize a retreat of the members of the association: one retreat was organized*
- *Attend the SFF Annual Meeting in Kenya: the attendance was effective*
- *Participate in the monthly meetings of the SFF network: 6 participations*
- *Participate in other international meetings and conferences: The attendance in an international conference was effective*

Project 5: Operational research

For this project, different activities were carried out, namely:

- Community diagnostic study in Gitega
- Cervical cancer study: a total of 653 women were screened, of whom 2.3% had precancerous lesions



In 2018, a study on the prevalence of cervical cancer was conducted. The cohort included women who had been screened at Gitega Hope Polyclinic and Mwaro Hope Clinic from January to June 2018. A total of 650 women were screened among them 2.3% had precancerous lesions. Several women who came for screening were in the 30 to 39 age group, meaning 44.1% of the total.